

Is Your Blood Starving For Want of Iron?

Iron in Red-Blood-Cells—Nourished Iron Helps Put Kicks Into the Cheeks of Women and Strength and Energy Into the Veins of Men.

If you were to go without eating until you became weak, thin and emaciated, you could not do a more serious harm to yourself than when you let your blood literally starve for want of iron—iron that gives it strength and power to change food into living tissue, muscle and brain. Without plenty of iron in the blood, no matter how much or what you eat, your food simply passes through you without doing you any good—you don't get the strength out of it and instead are being filled with youthful strength and energy you are weak, nervous and all run-down. If you are not strong or well you owe it to yourself to make the following test: See how long you can walk or how far you can walk without becoming tired. Next take two five-grain tablets of ordinary Nuxated Iron three times per day after meals for two weeks, then test your strength again and see how much you have gained. Numbers of nervous, run-down people who were ailing all the while have most astonishingly increased their strength and endurance simply by taking iron in the proper form. But don't take the old kind of iron simply to save a few cents. You must take iron in a form that is easily absorbed and assimilated like Nuxated Iron. If you want it to do you any good, otherwise it may prove worse than useless. You can procure Nuxated Iron from your druggist on an absolute guarantee of satisfaction or your money will be refunded.

BROOKFIELD

Mr. and Mrs. Peter Larose, who have been living in the E. L. Will house the past few weeks, moved this week to Randolph.

C. E. Milner, who bought the E. A. Gysson farm, met with a very serious accident Tuesday, while cutting lumber in his woods. One tree lodged, he climbed the tree to cut the limb and fell a distance of 35 feet, breaking several ribs, cutting his face badly, necessitating several stitches to close the wound, and bruising his head, giving him a concussion, from which he is recovering.

The annual Masonic ball Friday evening, Feb. 14, McDermott's orchestra of five pieces will furnish music.

Miss Vernice Lovett, high school teacher, has severed her connection with the high school work, and went Monday to her home in Middlebury. Mrs. G. W. Patterson of Randolph is teaching the high school this week.

Mr. and Mrs. L. L. Stone went to their new home in Berlin Saturday. Mr. and Mrs. Nelson Bonner, who purchased the Stone farm, having taken possession.

George H. Wilber is spending some time with his relatives, Mr. and Mrs. Brigham, at Randolph Center.

Mrs. G. I. Dugan and Mrs. A. L. Follansbee spent Sunday at the home of George W. Lynde in Williamstown.

Patterson and Holden had their cows tested last week by Dr. Barnard of Barre. The herd, consisting of 40 or more cows, were all condemned excepting one.

Erwin Lewis is sick with pneumonia. He is under the care of a nurse, who came from Randolph Monday.

The granite installation of officers, which was deferred one month on account of sickness, was held Friday evening. George C. Flint of Brantree was installing officer. His daughter, Miss Ivis Flint, was marshal. Afterward a bountiful supper was served. Sixty were present.

NORTH CALAIS

Sidney Nelson was called to East Hardwick Wednesday of last week to attend the funeral of his uncle, Robert French.

Mrs. Hettie Wheelock and son, Hector, of Maple Corner, called on friends here one day last week.

Mrs. Kate Earl and son, Sidney, were business visitors in Montpelier recently.

George Cate was in Plainfield Monday. Wright Connor was a recent visitor in Montpelier.

H. F. Stevens and E. W. Cate were in Plainfield Sunday.

Among the visitors of Mrs. S. F. Dailly the past week were Mrs. Katie York and two sons, Raymond and Harold of Barre, Mr. and Mrs. C. W. Wing of East Calais and W. D. Adams of Adams.

Ed. Crippin and family of Woodbury are spending a few days at Alfred Hastings.

Harry Dailey is spending a few days with his cousin, Frank Dailey, in Woodbury.

Harry Boyce of Worcester visited at E. A. Scribner's Tuesday.

C. A. Holt was in East Calais Friday. Frank Hill was in Woodbury Monday.

Dudley's orchestra of East Montpelier has been engaged to play at Memorial hall for the masquerade dance Feb. 21.

R. A. Willie returned to his home in Hardwick Tuesday, after spending a few days at the home of Mr. and Mrs. Hildand Holmes.

The next regular meeting of the S. of V. and W. R. C. will be held at Memorial hall Saturday evening, Feb. 15. Refreshments of sandwiches, coffee and doughnuts will be served by the W. R. C. Mr. and Mrs. Joe Sisley were in Montpelier and Middlesex Saturday and Sunday.

CABOT

Rogers & Currier have purchased the store at Walden heights of Jewett Laird.

The town reports will be furnished to townspeople if they will call at J. G. Hawes's or the town clerk's office, instead of at the postoffice, as formerly.

Lola Smith has been ill the past week with influenza.

Fred Walbridge has returned from Brightline, Vermont, St. Johnsbury, where he has been for treatment for his throat and nose.

Carbee's moving pictures at K. of P. hall, Marshfield, Thursday evening, Feb. 13. A dandy five-reel drama, with one reel of comedy. Dance after the show. Good music in attendance.—adv.

Resolutions.

Whereas, God, our Father, in His wise providence, has suffered death again to enter our portals, and has removed from our midst our beloved brother, Bert Ainsworth, be it Resolved, That while we mourn his loss to our church and Sunday school and know his place cannot be filled, we will hold his daily Christian life in loving remembrance in our hearts, and emulate the virtues of his upright character.

Resolved, That we extend to his wife our true and heartfelt sympathy in this great sorrow and pray that the blessing of the Divine Master may be her comfort while she passes under the shadow of this cloud which his love has allowed to come over her life.

Resolved, That a copy of these resolutions be inscribed on the records of our Sunday school and a copy be sent to the family of our departed brother.

Mrs. M. W. Hale, Secretary.

Mrs. S. B. Blodgett, Committee.

Mrs. S. B. Haines, Committee.

HARDWICK

Handsome Wrist Watch Presented Scout Master Shattuck.

If the old laundry building on Brush street in which is located the scout headquarters, survives two such shocks or jolts as it has during the past week, the boys may feel assured of a place to meet for some time to come. Monday evening the members of both troops gathered there to rehearse for the entertainment they were to give at the opera house Wednesday evening. Scout Master Shattuck happened over and the program had been gone through with a couple of times, and he started to go home, when, to his great consternation, the folding doors suddenly opened and in marched Mrs. Nellie Mitchell, Mrs. Gertrude Daring, Mrs. H. E. Sylvester, Mrs. Burnett G. Robb, Mrs. Nellie Hanford, bearing tray after tray of cake, dishes, spoons and napkins. It then dawned on the scout master that this was something in the nature of a feed for the boys and in honor of his attending his 40th birthday, Feb. 11, but he was not prepared for the three freezers full of ice cream, which soon followed the entry of the cake (though Perley allowed his middle name is ice cream). However, this part of the evening's surprise didn't faze him at all, but when Assistant Scout Master Fuller Mitchell took him by the arm and escorted him to the desk and requested him to be seated, he was still in the dark as to what was coming. Things did come. Fuller Mitchell, in a very sincere manner presented Mr. Shattuck a handsome Waltham Radio wrist watch from the scouts and friends. The scout master's surprise at this time had reached the unbelievable stage and his joy was complete and he tried to adequately respond, but in his own mind, however, he accepted the gift with the very same spirit it was presented and told the boys, as well as the several visitors present, how proud he was to be at the head of such an organization, how he had tried to lead them in the right direction in daily living, not by dictatorial methods or by driving them, but by appealing to them through the scout oath and laws and on their scout honor, and he feels that the conduct of the boys wherever they may be found, speaks well for the movement in this town. In fact, when within less than two weeks nearly \$100 can be raised for this movement in this village with all the other necessary things to give for all the time, it bears out the fact that the work is appreciated and in turn the boys will try to live up to their motto and all that goes with their organization that no one will ever have cause to regret giving what they have.

Scout Master Shattuck wishes to most sincerely thank the boys and all those who helped them to make this gift possible, and especially wishes to thank the ladies who served refreshments and any who helped them in that part of the evening's social time. The event will be one pleasant event in the life of the scout master.

In municipal court, held at the Memorial building last Monday evening, Judge Melvin G. Morse heard his first case since his appointment as Caledonia county municipal court judge. James Cruikshank appeared before Judge Morse to answer to the charge of non-support. He pleaded guilty and was sentenced to not more than six nor less than four months in the house of correction. He paid costs and was placed on probation. Judge Morse presided with dignity, as he is sure to do whenever court sits anywhere in the county. State's Attorney Campbell was over from St. Johnsbury to prosecute.

Frank T. Carr is in Northfield on business this week.

Mrs. Inez Balentine is in Barre helping care for Archibald Cooper and children.

Mrs. H. C. Cleveland of St. Johnsbury was a recent guest at the home of Dr. O. E. Hauford and wife.

Mrs. W. H. Taylor is in Montpelier this week.

Mrs. Lydia Johnson was a visitor in Swanton the first of the week.

Those still desiring to contribute toward the Armenian and Syrian relief can do so by calling at the town clerk's office and leaving the money with him.

Our Scholarman has donated quite a souvenir to the collection at the Memorial building, it being in the shape of a regular Jewish testament, being made of paper and on wooden rolls. It is quite a curiosity, even if one cannot read it.

MARSHFIELD

Rev. Frank Goodspeed of Barre will speak in the Congregational church next Tuesday evening, Feb. 18. A cordial invitation is extended to all to come and enjoy the message which he will bring.

Mrs. E. C. Pitkin was a visitor in Barre and Montpelier the first of the week.

Miss Florence Wooster arrived home from Washington last week Wednesday after being detained in Brooklyn by serious illness and stopping over a few days with her mother in Attleboro, Mass.

M. E. Beckley of Groton was a business visitor in town last week.

The mid-week prayer meeting will be held next Thursday evening at 7:30 in the Methodist vestry. It is hoped there will be a good attendance.

Mr. and Mrs. A. T. Davis were in Barre the last of the week, the guests of Dr. and Mrs. H. S. Carver.

F. E. Blodh of Manchester, N. H., was a visitor in town last week.

The Christian Endeavor social at the home of Mr. and Mrs. L. D. Nute last Friday evening was a success in every way. The house was well filled and lively entertainment was furnished by the social committee. Refreshments of cake, coffee and oranges were served and all present voted it a very pleasant occasion.

Carbee's moving pictures at K. of P. hall, Marshfield, Thursday evening, Feb. 13. A dandy five-reel drama, with one reel of comedy. Dance after the show. Good music in attendance.—adv.

PLAINFIELD

Don't forget the movies at Plainfield opera house Friday night, Feb. 14. Promenade and dance after show.—adv.

To Rent—Tenement in Batchelder block; \$6 per month.—adv.

LANE'S COLD & GRIP TABLETS GUARANTEED

Regular meeting of branch No. 12, Q. W. L. U. will be held in Miles hall, Graniteville, on Wednesday, Feb. 12. Nomination of I. C. committee. Other business of importance. Per order president, J. H. Coxon, secretary.

There will be a valentine party in the Presbyterian church hall Saturday evening, Feb. 15, at 7:30 o'clock. A good time assured to all. Admission, 10c and 20c. Ladies are requested to bring valentines, doughnuts, etc. Everybody welcome.—adv.

Tyler Thompson of Springfield is passing a week in town.

Miss Amy Riley of Northfield is a guest of Mr. and Mrs. T. S. Riley.

Angus Melvin and son, who have resided in Seattle, Wash., for the past year, are returning. Mrs. Melvin and two daughters stopped in Stoughton, P. Q., for a visit with relatives.

William Osgood has returned from visiting in Boston and New York.

Miss Mary Cowdrey won the prize for the best score in a series of three whist parties held by the senior class.

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GAINS SIX POUNDS IN FOURTEEN DAYS

Rhode Island Resident Discovers That His Prolonged Illness Was Caused by Thin Blood.

When your stomach rebels at food, when you grow pale and sallow, lose weight and strength and fail to get any rest from your sleep, your blood has lost its tone and is thin and weak.

Whatever the cause of the illness there can be no relief until the blood is built up so that it can carry new life and energy to every part of the body.

A remedy that stops the decline in health and rehabilitates the weakened nerves and muscles will demonstrate to the patient that anemia is being overcome and that the rich, red blood is furnishing strength to fight off rheumatism, sciatica, lumbago and other diseases that the thin-blooded person is subject to.

E. S. Southwick, an employee of the public library at Woonsocket, R. I., had an experience that will help many others. "I was ill for several years," he says, "not confined to bed, but so that I could hobble around. My blood was thin, I was troubled with rheumatism and suffered a great deal with lame back. One day I read in the newspaper about Dr. Williams' Pink Pills and got a box from my druggist. I had taken them but a short time when I saw that they were helping me. I gained six pounds in two weeks, my appetite became good once more and I cannot any too much for this blood-making remedy."

Dr. Williams' Pink Pills for Pale People are a specific for thin blood and any illness caused by a lack of blood will be benefited by a course of treatment with these tonic pills. They contain just the elements needed to build up the blood and restore the lost color and vitality. New energy circulates through the system with the enriched blood, the heart stops its alarming palpitation, color returns to cheeks and lips.

Nothing more is needed except sunlight, good air, proper food and rest. If you do not know exactly what rules to follow in these matters write to-day to the Dr. Williams Medicine Co., Schenectady, N. Y., for booklets on the blood and diet. Your own druggist sells Dr. Williams' Pink Pills, price 50 cents per box, six boxes for \$2.50.—Adv.

SOUTH RANDOLPH

Harland MacPhetres Not Killed in Action, as Reported—Writes Home.

Harland MacPhetres, who was reported killed in action several weeks ago, has written to his brother here saying that he is very much alive, although reported dead. He was near his brother, Hadley, when he was killed, and was so overcome he was taken to a hospital and both names being very much alike and both holding the same rank in the service, they got mixed.

Base men have finished cutting the lumber at E. D. Camp's, also at the Young place and are hoping for enough snow to move the logs on to the mill and railroad.

Mrs. Ethel (Hyde) Riford is improving and her nurse, Mrs. Harry Turner, has left to care for her husband, who was at the Randolph sanatorium for an operation, which was successful, and he is now with his mother in South Royalton.

A general fire alarm was given over the telephone lines Sunday evening at about 8 o'clock for a fire that broke out in the dwelling house of Albert Paine.

The neighbors quickly responded and the fire was soon extinguished. The damage from the fire was not heavy, but the damage from the water and chemicals used to extinguish the fire was quite heavy. The fire caught from the chimney beneath the chamber floor and was smoldering in the partitions below.

Axes were used to cut holes in the floor and ceiling so as to get at the fire with the chemical extinguishers, without which the house probably could not have been saved.

Mrs. Abbie Dodge Burnham, widow of Marcellus Burnham, who before her marriage lived in South Randolph, step-daughter of A. B. Paine, died at Wilkesville, N. Y., near Rochester, at a few days.

Jan. 21. She died of intestinal trouble. Her body was taken to Newark, N. Y., her old home, for burial.

Ward and Helen Lamberton of Marshfield were visitors Sunday at W. R. Tibbets.

Mr. and Mrs. James Cassidy of North Danville were at L. J. Eastman's Sunday.

Lulu Blake of Danville is stopping for a while at E. S. Houghton's.

Merton Briggs and family visited in Marshfield Sunday.

E. M. Putnam and R. S. Hawkins were in Barre Tuesday.

BETHEL

Mr. and Mrs. Nelson M. Gay have returned from a seven months' absence in Denver, where Mr. Gay was confined with influenza several weeks in a hospital. Since returning home he has been suffering from a second attack of the same disease.

Miss Eva Miner is visiting relatives in Worcester, Mass.

Mrs. M. T. Merrill has been shut in since last Thursday and under a physician's treatment because of a fall when, in stepping up to the sidewalk from the street near the Martin block, one foot caught the edge of her skirt, causing her to fall against the door.

The injury to her leg below the knee seemed trifling but later more serious. Sgt. Paul F. Wilson has had an addition of 10 days to his furlough.

C. N. Arnold substituted several days last week as railway mail clerk between White River Junction and Springfield, Mass.

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RANDOLPH CENTER

Corp. Enos Brothers Still in Hospital; Expects to Be Home for Sugaring.

Mr. and Mrs. H. E. Brothers have received a letter from their son, Corp. Enos Brothers, Co. E, 101 ammunition train, 26th division, who is at present in a hospital at Perigueux, France. He wrote Jan. 22 as follows:

"Just a few lines that you may know that I am getting along fine. I am still in the hospital, but am all right and will be, so don't worry. I am in a different place now, not far from Bordeaux. A bunch of us were brought here in a hospital train. I don't know just how far it is, but we were put on the train at 10 o'clock Sunday night and reached Perigueux about noon Tuesday, so you see we had some ride."

"We have quite a time here. All the boys are here with wounds in the legs or broken legs, so none of them are very sick and we have two French girls who bring our food to us and do the work. We can always tell when one of them is coming, for they wear a pair of wooden shoes and the floor is cement. They make a noise like a lumber wagon on a stony road."

"We are having a nice rainy day today, but rainy days don't bother me much now, nor haven't since Dec. 1. I saw a fellow here in the hospital to-day that I worked with when I worked in Roxbury. It seemed good to see somebody from Vermont."

"I suppose you are beginning to think of sugaring. Well, if everything works well, I will be with you then. I am in hopes to, anyway."

"Did Glen go back home with the 76th division or was he put into some other outfit? That division was broken up and only what was left went back. We have to get these men in our company."

"Well, I will have to call this enough for this time, as there isn't anything to write about here."

TOPSHAM

Born on Sunday, Feb. 9, a son to Mr. and Mrs. Charles Hood, weighing 10½ pounds. Mrs. Batten of Waits River is caring for mother and child.

E. E. Powers is home from his work at East Corinth this week.

Miss Ellen White is sick with influenza.

A. Fuller is convalescing from his recent illness.

Mrs. Leon Mason has closed her labors with Mrs. C. A. Lay for the present.

W. H. Morrison is ill with influenza and tonsillitis.

The little girl of Mr. and Mrs. Ralph Goodall, who has been very ill with bronchial pneumonia, is better, and hopes are entertained for her recovery.

Mr. and Mrs. Cleveland Hood were at Woodville the last of the week.

Mr. and Mrs. Lewis French of Groton were at the home of Mr. and Mrs. Ralph Goodall last Sunday.

Mr. and Mrs. Cleon Whitehill of Groton were at the home of Mr. and Mrs. H. B. White last Sunday.

Rev. C. A. Lay, pastor of the U. P. church, who has been supplying at East Corinth for a short time, in the absence of a pastor there, was at Bradford last week Wednesday to attend a meeting of the ministerial association of the Congregational churches of Orange county, which meeting was held at Hotel Low.

Mr. Lay served as a delegate from the Corinth church.

SOUTH CABOT

Hayes Bassett was in Barre last week to attend the double funeral of Mr. and Mrs. Ernest Houston. Mrs. Houston was a sister of Mrs. Bassett. Much sympathy is felt for Mrs. Bassett in her loss.

Roy Hall of Walden is stopping at Wesley Hall's for a while.

C. E. Scribner and family and John Jerne of Montpelier were in this place Saturday.

W. J. Houghton was home over the week end from his work in Barre.

Henry LaCount and wife of Marshfield passed Sunday night and Sunday at E. M. Putnam's.

Myrtle Houghton returned Wednesday from Lisbon, N. H., where she had been the past two weeks.

Orvis Shaw is home from Brandon for a few days.

Mr. and Mrs. W. C. Hall of Marshfield were callers at A. M. Foster's one day last week.

Fred Lapan of Marshfield was at E. M. Putnam's Sunday.

Bert and Helen Lamberton of Marshfield were visitors Sunday at W. R. Tibbets.

Mr. and Mrs. James Cassidy of North Danville were at L. J. Eastman's Sunday.

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VERSHERE

Mrs. Wilber Freeman of Waitsfield is with her aunt, Mrs. Don Orr. Mr. and Mrs. Orr and Mrs. Currier are all ill with influenza and Mrs. Thomas is the nurse.

Mrs. Moody of Corinth is assisting in the care of Leon Avery, who has the prevailing distemper.

Mr. Conant returned to Montpelier on Monday. George Ricker accompanied him.

Mrs. Fannie Hood is with her sister, Mrs. Mattoon.

Mr. and Mrs. W. G. Picken were in Windsor over Sunday. They are to move there April 1, where Mr. Picken has a fine position.

BERLIN CORNERS

At the grange meeting held Feb. 7 at Berlin Corners, Mr. and Mrs. Chapman of Bethel were present and gave a very pleasing program, consisting of musical and humorous recitations, which were greatly enjoyed by a large attendance of members and invited guests. Refreshments of doughnuts and coffee were served.

"We are Ready for Duty on the Play Line, Mother"

TO MOTHERS! Keep your little pets physically fit, smiling, feeling their best always, by giving Cascarets, the candy cathartic, occasionally. Children love to take Cascarets. They are sweet candy-like tablets, but just wonderful to correct the little white tongue, feverish breath, sour stomach and colds. Cascarets gently "work" the bile, sour fermentations and poisons from a child's tender stomach, liver and bowels without griping or injury. Mothers who depend upon Cascarets as the children's laxative save trouble, worry and cost. Each 10 cent box of Cascarets contains directions and dose for kiddies aged one year old and upwards.

Remember, I am at Cummings & Lewis' Drug Store.

I do not diagnose or prescribe, but I do have something to tell you worth while about Goldine and I will do it free. Our testimonials are all signed statements. We can show you proof for every copy